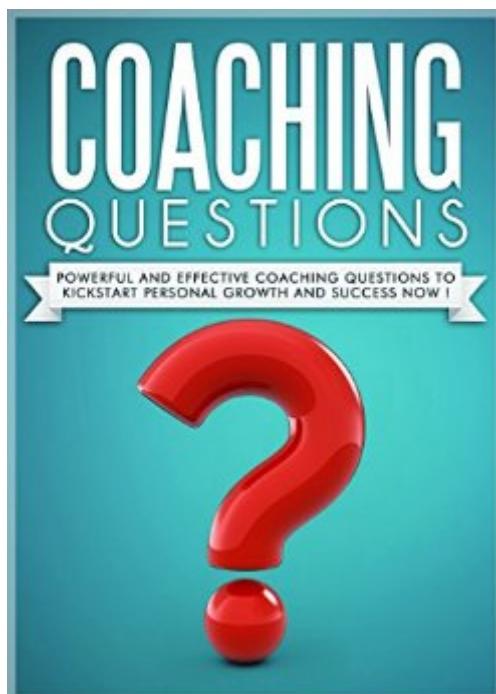


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# **COACHING :Coaching Questions Powerful Coaching Questions To Kickstart Personal Growth And Success Now ! - Life Coaching,Life Coach, Success Principles,Success Habits-**



## Synopsis

COACHING QUESTIONS, Powerful And Effective Coaching Questions To Kickstart Personal Growth And Success Now!\*\*\*\*\*2nd EDITION\*\*\*\*\*Do you want to know what type of questions you need to ask the people you are coaching ?Do you want to learn the ability to craft the right questions for the right moment ?Coaching Questions is a well-rounded introduction to the principles of coaching. The questions described in this book are not only easy to follow, but also very result oriented. They are also questions that you can ask any person irrespective of their career and you will still get valuable feedback. The book explains exactly what type of questions you need to ask the people you are coaching, and gives you the reasons for every category of questions. For that matter, you can easily decide the kind of questions to ask when dealing with a newcomer; when someone seems to have social issues; when someone's career is on a nosedive; and so on. There are also specific questions laid out as demonstration, just to ensure you are clear on how to meet your objectives. This, therefore, leaves you with the ability to craft the right questions for the right moment. In this book you will learn:Precisely what coaching is aboutThe various categories of coaching questions and how each one helps the processThe inhibitions of poor questioningHow skilled questioning earns you confidenceHow the art of questioning leads to success for people under your charge How to identify a great coach for money related matters How to identify a great coach for matters of health How to identify a great coach to help you in your spirituality How executives stand to benefit from coachingMuch, much moreSCROLL to the top of the page and select the BUY button for instant downloadDownload your copy today!

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## **Customer Reviews**

I don't think I've ever read such a poorly thought-out book. It's not even clear for whom this book has been written, but my best guess is for someone in business who has been asked to coach. Good luck to them with this book. Seriously, there is a reason this is self-published and that the author is unknown: no publishing house would have allowed this to go to press in its current form. There is far better information about coaching and far better examples of great coaching questions out on the internet FOR FREE. Look there before you even think about getting this. I'm VERY skeptical of the positive reviews.

This book has some serious problems with the way it defines coaching. The author does not recognize the crucial line between coaching and prescribing or telling -- for instance, here's an example the author uses to show what coaching is: "Coaching is close to medicine in that you cannot prescribe apt medicine unless you get the correct information." Coaches do not prescribe -- they ask questions to help people think for themselves and discover answers within themselves. I've been training coaches for 15 years and led two different coaching schools, and this the kind of stuff that makes coach trainers cringe. And as far as the editing, here is the FIRST SENTENCE of the book: "Chances are you have heard of the coaching questions." Ouch.

This book is so much more than a list of coaching questions that it is truly a professional coach's handbook. I have researched many books on coaching. It is hard to find one that has a practical use. Many are more theory than practice. This book is an excellent resource for anyone in counseling or coaching. Each page focuses on a topic and has questions listed on each page to ask the client. The questions are organized by coaching opportunities, issues, and barriers so they end up being extremely helpful. But also included are such coaching aides as a client profile form, session prep form, coaching models, etc. Finally, there is a special helpful section for special coaching niches. If you want a hands on book with specific questions and tools, this book is a great resource. If you want more theory then you should look elsewhere. You could pick this book up

without any training, pick a topic, and ask the questions on each page.

The book is all about coaching. The book will teach you all you need to know and understand the coaching process and how to become a good coach. I personally liked the questions presented in the book. I have tried to answer those questions myself and I felt more dynamic and authentic. I think that reading coaching questions can give the best possible skills to achieve the successful life. Further, by implementing the skills learned from this book can positively transform the coaching career. The style of writing is easy to understand and well-presented. The author did a great job. I highly recommend this book.

It was a great guide about learning how precisely what coaching is about, the various categories of coaching questions and how each one helps the process, how skilled questioning earns you confidence, and the art of questioning leads to success for people.

This book was purchased for an online course, I had no idea what to expect for this book. I have enjoyed reading every chapter, the author uses a ton of practical examples and really has extensive knowledge on the subject of coaching. This truly is a book made to help stretch and grow your performance, not just in your career, but in any application. The GROW model is a great tool for life expansion and greater individual success for any experience level, especially suited for those who are new to the concept of coaching.

I have many clients that I coach, not only for fitness, but also for business. Coaching goes deeper than the topic. No matter what you're coaching, you always have to make sure the person is in the right mindset or all the advice you give them will not be put to use. This is where this book was a great help to me. I was able to get tons of ideas on questions to ask my clients in order to get them to think at a deeper level so I can see how I can serve them even more. By asking the right questions, you really get people to think and experience breakthroughs. I always believed that you as a coach is responsible for your clients successes as well as failures, so asking the right things can be a way for you to increase the number of clients you work with or even charge a higher rate. Overall, this book was a great help to me and I'll definitely be using some of these questions or formulated my own using the strategies outlined in this book.

I was really surprised by this book. It offered just the information that I was looking for to help me

with my new management position at work. A lot of people would look at the title 'coaching questions' and think sports, but it is loaded with great ideas that will help you in all sorts of positions from sports, coaching clients, or in my case coaching my peers in retail. Thanks for a great book!

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